

NATIONAL DAYS 2025

JANUARY

1. New Year's Day
2. Science Fiction Day
4. National Trivia Day
5. National Bird Day
6. National Technology Day
8. Bubble Bath Day
10. Houseplant Appreciation Day
11. Human Trafficking Awareness Day
13. Clean Off Your Desk Day
14. Dress Up Your Pet Day
15. National Hat Day
19. Popcorn Day
20. Cheese Lovers' Day
21. Hugging Day
24. Compliment Day
27. Chocolate Cake Day
28. Data Privacy Day
29. Chinese New Year
30. Croissant Day
31. Hot Chocolate Day

FEBRUARY

4. World Cancer Day
5. World Nutella Day
7. Send a Card to a Friend Day
9. National Pizza Day
11. Safer Internet Day
13. World Radio Day
14. Valentine's Day
15. Singles Awareness Day
17. Random Acts of Kindness Day
20. Love Your Pet Day

MARCH

3. World Wildlife Day
4. Pancake Day
6. World Book Day
7. Employee Appreciation Day
8. International Women's Day
14. Sleep Day
15. World Consumer Rights Day
17. St. Patrick's Day
20. International Day of Happiness
21. World Poetry Day
22. World Water Day
23. National Puppy Day
25. International Waffle Day
30. Mother's Day UK

APRIL

1. Fools' Day
2. World Autism Awareness Day
7. World Health Day
10. Siblings Day
11. National Pet Day
15. Tax Day
18. Good Friday
20. Easter Sunday UK
21. Easter Monday UK
22. Earth Day
29. International Dance Day
30. International Jazz Day

MAY

1. May Day, International Workers Day, World Password Day
3. World Press Freedom Day
4. Star Wars Day, International Firefighters Day
5. Early Bank Holiday
11. National Eat What You Want Day
13. World Cocktail Day
15. International Day of Families
16. Love a Tree Day, International Day of Light, Endangered Species Day
17. International Day Against Homophobia and Transphobia, World Baking Day
18. National Museum Day
20. World Bee Day
28. World Hunger Day

29. National Paperclip Day, National Biscuit Day
30. National Creativity Day
31. World No-Tobacco Day

JUNE

1. Global Day of Parents, International Children's Day
2. Leave The Office Early Day
3. World Bicycle Day
4. National Donut Day, National Cancer Survivor's Day
5. World Environment Day
6. National Fish and Chip Day
7. Chocolate Ice Cream Day
8. World Oceans Day, Best Friends Day
10. Iced Tea Day
11. European Championship start
14. World Blood Donor Day
15. National Beer Day, Father's Day
18. International Sushi Day
20. Take Your Dog to Work Day
21. First Day of Summer, National Selfie Day, World Music Day, International Yoga Day, King's Birthday
23. Women in Engineering Day
27. National Sunglasses Day, National Cream Tea Day
30. Wimbledon begins, Social Media Day

JULY 2025

1. London Pride, National Postal Worker Day
2. World UFO Day
4. American Independence Day
6. National Kissing Day
7. World Chocolate Day
11. Cheer Up the Lonely Day, World Population Day
15. Give Something Away Day
17. World Emoji Day
18. Nelson Mandela International Day
20. Ice Cream Day, International Chess Day
30. World Day Against Trafficking, Day of Friendship

AUGUST

1. Respect for Parents Day, World Wide Web Day
2. National Colouring Book Day
4. International Beer Day
8. International Cat Day
9. National Book Lovers Day
10. National Lazy Day, World Lion Day
12. International Youth Day, World Elephant Day
13. International Left Handers Day
15. National Relaxation Day
16. National Tell a Joke Day
19. World Humanitarian Day
20. National Lemonade Day
21. World Entrepreneurs Day
25. Summer Bank Holiday
26. National Women's Equality Day, International Dog Day

SEPTEMBER

2. World Beard Day
4. National Wildlife Day
5. International Day of Charity
6. Read a Book Day
7. National Grandparents Day
8. International Literacy Day
10. World Suicide Prevention Day
12. National Video Games Day
13. Roald Dahl Day
15. Online Learning Day
16. 100 days until Christmas, Guacamole Day
18. National Cheeseburger Day
19. Talk Like a Pirate Day
21. International Day of Peace
22. Car-Free Day
23. Autumn Equinox
26. European Day of Languages

27. World Tourism Day, National Women's Health and Fitness Day
30. International Podcast Day

OCTOBER

1. International Coffee Day, World Vegetarian Day
2. International Day of Nonviolence
3. National Techies Day
4. World Animal Day, National Taco Day
5. World Teachers Day
6. World Smile Day
10. World Mental Health Day
11. International Day of the Girl
12. World Sight Day
14. National Dessert Day
16. World Food Day
17. International Day for the Eradication of Poverty
20. World Statistics Day
24. United Nations Day
25. World Pasta Day
26. Daylight Saving Time UK
30. Checklist Day
31. Halloween

NOVEMBER

1. World Vegan Day, National Authors Day
3. National Sandwich Day, International Stress Awareness Day
4. National Candy Day
5. Bonfire Night
8. National Cappuccino Day, Science, Technology, Engineering, and Medicine (STEM) Day
9. Remembrance Sunday
13. World Kindness Day
15. Clean Out Your Refrigerator Day
16. National Entrepreneurs Day
17. International Students Day
19. International Men's Day
20. Universal Children's Day
27. Thanksgiving Day (US)
28. Black Friday #BlackFriday2025
29. Small Business Saturday
30. Computer Security Day

DECEMBER

1. World AIDS Day, Cyber Monday
3. International Day of Persons with Disabilities
4. National Cookie Day
5. World Soil Day
6. St Nicholas Day
7. Christmas Jumper Day
10. Human Rights Day, Nobel Prize Day, International Animal Rights Day
11. International Mountain Day
21. First Day of Winter
24. Christmas Eve
25. Christmas Day
26. Boxing Day
31. New Year's Eve

MONTHS

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| JAN | Veganuary Month |
| FEB | National Heart / Storytelling Month, |
| MAR | National Bed / Ovarian/prostate Cancer Month |
| APR | Bowel Cancer / Stress Awareness / Pet / Garden Month |
| MAY | National Walking / Osteoporosis / Bbq Month |
| JUN | Lgbtq / Smile / Ice Cream Month |
| JUL | Plastic Free / Picnic / Happiness Month |
| AUG | National Wellness Month |
| SEP | Read New A Book Month |
| OCT | Breast Cancer Awareness / Pizza Month |
| NOV | Hunger & Homelessness |
| DEC | Christmas Month |

